Sempra Energy utility

Reduce Your Use



Participate on Reduce Your UseSM days by using less electricity between 11 a.m. and 6 p.m.

- Run major appliances like ovens, dishwashers, washers and dryers before 11 a.m. or after 6 p.m.
- Plan activities outside your home; unplug devices that aren't in use before leaving.
- Raise your central A/C's thermostat setting four to six degrees from where you usually have it set.
- Set your room A/C on low or use a fan instead.

- Turn off large electronics like big screen televisions and home entertainment systems.
- Unplug chargers and power strips instead of leaving electronics in sleep or stand-by mode.
- Turn down the electric water heater temperature; a 40-gallon water heater typically stores enough hot water for several showers.
- Turn off pool pump between 11 a.m. and 6 p.m.

For more Reduce Your Use information, visit **sdge.com/reduceuse**.

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